ABOUT THE JOURNAL

Aims and Scope

The European Journal of Clinical Nutrition is an international, peer-reviewed journal covering all aspects of human and clinical nutrition. The journal welcomes original research, reviews, clinical case reports and short communications based on clinical, metabolic and epidemiological studies that describe methodologies, mechanisms, associations and benefits of nutritional interventions for clinical disease and health promotion. Topics of interest include but are not limited to:

- Food and health (including functional foods and consumer protection)
- Interventions and public health nutrition
- Nutrition epidemiology
- Maternal and pediatric nutrition
- Nutrigenomics and molecular nutrition
- Body composition, energy expenditure and physical activity
- Carbohydrates, glycemcic index and diabetes mellitus
- Lipids and cardiovascular/metabolic health
- Protein, malnutrition and wasting diseases
- Enteral and parenteral nutrition
- Vitamins and plant food
- Minerals, trace elements and bone health

Editorial Note

Manuscripts based on animal nutrition and in vitro studies will not be considered. Papers reporting validation of generally accepted methodologies in specific population groups and prevalence or incidence data on nutritional problems from countries with very low priority. When validation studies and prevalence or incidence data specific to countries are submitted for publication to EJCN, they will be processed only if they are submitted as a short communication with the clear understanding that supplementary data will be made available by the authors to anyone interested in compiling regional or global comparisons.

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The trial registry number for eligible papers will be collected during the submission process.

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Please use the PRISMA Checklist and Flow Diagram to ensure your paper adheres to the guidelines. The checklist contains items deemed essential for transparent reporting of a systematic review or meta-analyses.

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