ABOUT THE JOURNAL

Aims and Scope
The European Journal of Clinical Nutrition is an international, peer-reviewed journal covering all aspects of human and clinical nutrition. The journal welcomes original research, reviews, clinical case reports and short communications based on clinical, metabolic and epidemiological studies that describe methodologies, mechanisms, associations and benefits of nutritional interventions for clinical disease and health promotion. Topics of interest include but are not limited to:

- Food and health (including functional foods and consumer protection)
- Interventions and public health nutrition
- Nutrition epidemiology
- Maternal and pediatric nutrition
- Nutrigenomics and molecular nutrition
- Body composition, energy expenditure and physical activity
- Carbohydrates, glycemc index and diabetes mellitus
- Lipids and cardiovascular/metabolic health
- Protein, malnutrition and wasting diseases
- Enteral and parenteral nutrition
- Vitamins and plant food
- Minerals, trace elements and bone health

Editorial Note
Manuscripts based on animal nutrition and in vitro studies will not be considered. Papers reporting validation of generally accepted methodologies in specific population groups and prevalence or incidence data on nutritional problems from countries have very low priority. When validation studies and prevalence or incidence data specific to countries are submitted for publication to EJCN, they will be processed only if they are submitted as a short communication with the clear understanding that supplementary data will be made available by the authors to anyone interested in compiling regional or global comparisons.
## ARTICLE TYPE SPECIFICATIONS

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<th>ARTICLE DESCRIPTION</th>
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<td><strong>Articles</strong> (Please see ‘Preparation of Articles’ below for further details) These are reports of current basic or clinical research. EJCN strongly encourages authors to adhere to the reporting guidelines relevant to their specific research design. Any clinical trials submitted to EJCN must adhere to the registration requirements listed in the Editorial Policies.</td>
<td>Structured abstract:  • Background/Objectives  • Subjects/Methods  • Results  • Conclusions</td>
<td>Abstract: 250 words  Article: 3,000 words max excluding abstract, references, figures and tables.</td>
<td>Max of 6</td>
<td>Max of 50. Please use as recent as possible.</td>
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<td><strong>Clinical Case Reports</strong> These are studies that fall short of the criteria for full Original Articles (e.g. preliminary experiments limited by sample size or duration, or novel hypotheses). Apart from including an abstract, there is no strict obligation to divide the text into sections.</td>
<td>Unstructured abstract</td>
<td>Abstract: 150 words  Article: 1,000 words max excluding abstract, references, figures and tables.</td>
<td>Max of 2</td>
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<td><strong>Short Communications</strong> These are studies that fall short of the criteria for full Original Articles (e.g. preliminary experiments limited by sample size or duration, or novel hypotheses). Apart from including an abstract, there is no obligation to divide the text into sections.</td>
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<td><strong>Reviews, Statistical Reviews &amp; Meta-Analyses</strong> Reviews are comprehensive analyses of specific topics that are solicited by the Editor. Proposals for reviews may be submitted by sending a covering letter and abstract to the Editor for consideration. PLEASE NOTE: All reviews should include search criteria and selection criteria in a Methods Section, along with the total number of articles identified and the total number selected for inclusion in the review. All invited reviews will undergo peer review prior to acceptance. When submitting a Meta-Analyses paper please select the article type ‘Review’ Please adhere to the PRISM Guidelines. For full details see the Editorial Policies.</td>
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<td><strong>Perspectives</strong> Perspectives are a hybrid between a commentary and a review, providing an opinion-driven perspective on a particular research topic or field of interest to the EJCN readership. Authors should present a (provocative) view that can be supported by data and literature with the goal of sparking debate and stimulating future research avenues.</td>
<td>No abstract required</td>
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- Cover letter
- Title page (excluding acknowledgements)
- Abstract
- Introduction
- Materials (or Subjects) and Methods
- Results
- Discussion
- Acknowledgements
- Conflict of Interest
- References
- Figure legends
- Tables
- Figures

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