Instructions:

• Please use the enclosed pen or any DARK BLUE OR BLACK BALLPOINT PEN to fill out this form. Mark only one answer for each question unless otherwise indicated.
• Do not write comments on the form.
• Please keep this questionnaire clean, flat, and dry.
• Do not fold or tear any of the pages.
• Fill in the bubbles COMPLETELY for each of the questions in this form.
• If you must change an answer, please mark a single horizontal line through it and bubble in the correct answer completely.
Personal Care Products

These questions ask about products you may have used during the past year. Unless the question specifically asks about applying the products to others, we are interested in products you personally used on or for yourself. This includes times when someone else may have applied a product to you (such as at a salon).

MONTH    DAY       YEAR

TODAY’S DATE: [ ] [ ] [2] [0] [ ]

1. In the past 12 months, how frequently have you used eyelash mascara? (Mark one.)
   1 ☐ Did not use
   2 ☐ Less than once a month
   3 ☐ 1-3 times per month
   4 ☐ 1-5 times per week
   5 ☐ More than 5 times per week

2. In the past 12 months, how frequently have you used eye shadow? (Mark one.)
   1 ☐ Did not use
   2 ☐ Less than once a month
   3 ☐ 1-3 times per month
   4 ☐ 1-5 times per week
   5 ☐ More than 5 times per week

3. In the past 12 months, how frequently have you used eyeliner? (Mark one.)
   1 ☐ Did not use
   2 ☐ Less than once a month
   3 ☐ 1-3 times per month
   4 ☐ 1-5 times per week
   5 ☐ More than 5 times per week

4. In the past 12 months, how frequently have you used lipstick? (Mark one.)
   1 ☐ Did not use
   2 ☐ Less than once a month
   3 ☐ 1-3 times per month
   4 ☐ 1-5 times per week
   5 ☐ More than 5 times per week
5. In the past 12 months, how frequently have you used lip moisturizers like Chapstick or gloss? (Mark one.)

1 ○ Did not use
2 ○ Less than once a month
3 ○ 1-3 times per month
4 ○ 1-5 times per week
5 ○ More than 5 times per week

6. In the past 12 months, how frequently have you used foundation makeup? (Mark one.)

1 ○ Did not use
2 ○ Less than once a month
3 ○ 1-3 times per month
4 ○ 1-5 times per week
5 ○ More than 5 times per week

7. In the past 12 months, how frequently have you used blush or rouge? (Mark one.)

1 ○ Did not use
2 ○ Less than once a month
3 ○ 1-3 times per month
4 ○ 1-5 times per week
5 ○ More than 5 times per week

8. In the past 12 months, how frequently have you used makeup remover? (Mark one.)

1 ○ Did not use
2 ○ Less than once a month
3 ○ 1-3 times per month
4 ○ 1-5 times per week
5 ○ More than 5 times per week
9. In the past 12 months, how frequently have you used **cleansing cream**? Do not include astringents or alcohol? (Mark one.)

1. Did not use
2. Less than once a month
3. 1-3 times per month
4. 1-5 times per week
5. More than 5 times per week

10. In the past 12 months, how frequently have you used **face creams or moisturizers** (day or night)? (Mark one.)

1. Did not use
2. Less than once a month
3. 1-3 times per month
4. 1-5 times per week
5. More than 5 times per week

11. In the past 12 months, how frequently have you used **facial masks**? (Mark one.)

1. Did not use
2. Less than once a month
3. 1-3 times per month
4. 1-5 times per week
5. More than 5 times per week

12. In the past 12 months, how frequently have you used **anti-aging or wrinkle products**? (Mark one.)

1. Did not use
2. Less than once a month
3. 1-3 times per month
4. 1-5 times per week
5. More than 5 times per week
13. In the **past 12 months**, how frequently have you used *age spot lightener*? *(Mark one.)*

1. ○ Did not use  
2. ○ Less than once a month  
3. ○ 1-3 times per month  
4. ○ 1-5 times per week  
5. ○ More than 5 times per week

14. In the **past 12 months**, how frequently have you used *blemish or acne products*? *(Mark one.)*

1. ○ Did not use  
2. ○ Less than once a month  
3. ○ 1-3 times per month  
4. ○ 1-5 times per week  
5. ○ More than 5 times per week

15. In the **past 12 months**, how frequently have you used *skin lighteners*? *(Mark one.)*

1. ○ Did not use  
2. ○ Less than once a month  
3. ○ 1-3 times per month  
4. ○ 1-5 times per week  
5. ○ More than 5 times per week

16. In the **past 12 months**, how frequently have you used *self-tanning products*? *(Mark one.)*

1. ○ Did not use  
2. ○ Less than once a month  
3. ○ 1-3 times per month  
4. ○ 1-5 times per week  
5. ○ More than 5 times per week
17. In the past 12 months, how frequently have you used baby oil or other mineral-based oils on your skin? (Mark one.)

1  ○  Did not use
2  ○  Less than once a month
3  ○  1-3 times per month
4  ○  1-5 times per week
5  ○  More than 5 times per week

18. In the past 12 months, how frequently have you used petroleum jelly on your skin? (Mark one.)

1  ○  Did not use
2  ○  Less than once a month
3  ○  1-3 times per month
4  ○  1-5 times per week
5  ○  More than 5 times per week

19. In the past 12 months, how frequently have you used body lotions or creams? (Mark one.)

1  ○  Did not use
2  ○  Less than once a month
3  ○  1-3 times per month
4  ○  1-5 times per week
5  ○  More than 5 times per week

20. In the past 12 months, how frequently have you used hand lotions or creams? (Mark one.)

1  ○  Did not use
2  ○  Less than once a month
3  ○  1-3 times per month
4  ○  1-5 times per week
5  ○  More than 5 times per week

21. In the past 12 months, how frequently have you used foot creams or moisturizers? (Mark one.)

1  ○  Did not use
2  ○  Less than once a month
3  ○  1-3 times per month
4  ○  1-5 times per week
5  ○  More than 5 times per week
22. In the **past 12 months**, how frequently have you used **deodorant and/or antiperspirant**? *(Mark one.)*

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23. In the **past 12 months**, how frequently have you used **douche**? *(Mark one.)*

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24. In the **past 12 months**, how frequently have you applied **talcum powder under your arms**? *(Mark one.)*

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25. In the **past 12 months**, how frequently have you applied **talcum powder to a sanitary napkin, underwear, diaphragm, cervical cap, or directly to your vaginal area**? *(Mark one.)*

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26. In the past 12 months, how frequently have you applied talcum powder to other parts of your body? (Mark one.)

1 ☐ Did not use
2 ☐ Less than once a month
3 ☐ 1-3 times per month
4 ☐ 1-5 times per week
5 ☐ More than 5 times per week

27. In the past 12 months, how frequently have you used mouthwash or rinse? (Mark one.)

1 ☐ Did not use
2 ☐ Less than once a month
3 ☐ 1-3 times per month
4 ☐ 1-5 times per week
5 ☐ More than 5 times per week

28. In the past 12 months, how frequently have you used bath or shower gel? (Mark one.)

1 ☐ Did not use
2 ☐ Less than once a month
3 ☐ 1-3 times per month
4 ☐ 1-5 times per week
5 ☐ More than 5 times per week

29. In the past 12 months, how frequently have you shaved under your arms? (Mark one.)

1 ☐ Did not use
2 ☐ Less than once a month
3 ☐ 1-3 times per month
4 ☐ 1-5 times per week
5 ☐ More than 5 times per week

30. In the past 12 months, how frequently have you used shaving creams or gels? (Mark one.)

1 ☐ Did not use
2 ☐ Less than once a month
3 ☐ 1-3 times per month
4 ☐ 1-5 times per week
5 ☐ More than 5 times per week
31. In the past 12 months, how frequently have you used shampoo? (Mark one.)

1 ☐ Did not use
2 ☐ Less than once a month
3 ☐ 1-3 times per month
4 ☐ 1-5 times per week
5 ☐ More than 5 times per week

32. In the past 12 months, how frequently have you used hair conditioner, creme rinse, or detangler? (Mark one.)

1 ☐ Did not use
2 ☐ Less than once a month
3 ☐ 1-3 times per month
4 ☐ 1-5 times per week
5 ☐ More than 5 times per week

33. In the past 12 months, how frequently have you used hair spray? (Mark one.)

1 ☐ Did not use
2 ☐ Less than once a month
3 ☐ 1-3 times per month
4 ☐ 1-5 times per week
5 ☐ More than 5 times per week

34. In the past 12 months, how frequently have you used hair styling gel or mousse? (Mark one.)

1 ☐ Did not use
2 ☐ Less than once a month
3 ☐ 1-3 times per month
4 ☐ 1-5 times per week
5 ☐ More than 5 times per week

35. In the past 12 months, how frequently have you used pomade or hair grease? (Mark one.)

1 ☐ Did not use
2 ☐ Less than once a month
3 ☐ 1-3 times per month
4 ☐ 1-5 times per week
5 ☐ More than 5 times per week
36. In the past 12 months, how frequently have you used hair food? (Mark one.)

1 ☐ Did not use
2 ☐ Less than once a month
3 ☐ 1-3 times per month
4 ☐ 1-5 times per week
5 ☐ More than 5 times per week

37. In the past 12 months, how frequently have you or someone else applied permanent hair dye to your hair (the type that shows your hair "roots" as the color grows out)? (Mark one.)

01 ☐ Did not use
02 ☐ 1-2 times a year
03 ☐ Every 3-4 months
04 ☐ Every 5-8 weeks
05 ☐ Once a month
06 ☐ More than once a month

38. In the past 12 months, how frequently have you applied permanent hair dye to someone else's hair? Please do not include times you did this as part of a job. (Mark one.)

01 ☐ Did not use
02 ☐ 1-2 times a year
03 ☐ Every 3-4 months
04 ☐ Every 5-8 weeks
05 ☐ Once a month
06 ☐ More than once a month

39. In the past 12 months, how frequently have you or someone else applied semi-permanent hair dye to your hair (the type that fades in 6-8 weeks)? (Mark one.)

01 ☐ Did not use
02 ☐ 1-2 times a year
03 ☐ Every 3-4 months
04 ☐ Every 5-8 weeks
05 ☐ Once a month
06 ☐ More than once a month
40. In the **past 12 months**, how frequently have you applied **semi-permanent hair dye to someone else's hair**? Please do not include times you did this as part of a job. (*Mark one.*)

- 01 ☐ Did not use
- 02 ☐ 1-2 times a year
- 03 ☐ Every 3-4 months
- 04 ☐ Every 5-8 weeks
- 05 ☐ Once a month
- 06 ☐ More than once a month

41. In the **past 12 months**, how frequently have you or someone else applied **hair coloring rinses** to your hair (often shampooed in, fades after several washings)? (*Mark one.*)

- 01 ☐ Did not use
- 02 ☐ 1-2 times a year
- 03 ☐ Every 3-4 months
- 04 ☐ Every 5-8 weeks
- 05 ☐ Once a month
- 06 ☐ More than once a month

42. In the **past 12 months**, how frequently have you or someone else **frosted or highlighted your hair**? (*Mark one.*)

- 01 ☐ Did not use
- 02 ☐ 1-2 times a year
- 03 ☐ Every 3-4 months
- 04 ☐ Every 5-8 weeks
- 05 ☐ Once a month
- 06 ☐ More than once a month
43. In the past 12 months, how frequently have you or someone else straightened or relaxed your hair, or used hair pressing products? (Mark one.)

01 ☐ Did not use  
02 ☐ 1-2 times a year  
03 ☐ Every 3-4 months  
04 ☐ Every 5-8 weeks  
05 ☐ Once a month  
06 ☐ More than once a month

44. In the past 12 months, how frequently have you straightened or relaxed someone else’s hair, or used hair pressing products on someone else? Please do not include times you did this as part of a job. (Mark one.)

01 ☐ Did not do  
02 ☐ 1-2 times a year  
03 ☐ Every 3-4 months  
04 ☐ Every 5-8 weeks  
05 ☐ Once a month  
06 ☐ More than once a month

45. In the past 12 months, how frequently have you or someone else applied hair permanents or body waves to your hair? (Mark one.)

01 ☐ Did not use  
02 ☐ 1-2 times a year  
03 ☐ Every 3-4 months  
04 ☐ Every 5-8 weeks  
05 ☐ Once a month  
06 ☐ More than once a month

46. In the past 12 months, how frequently have you or someone else applied nail polish to your fingernails or toenails? (Mark one.)

1 ☐ Did not use  
2 ☐ Less than once a month  
3 ☐ 1-3 times per month  
4 ☐ 1-5 times per week  
5 ☐ More than 5 times per week
47. In the **past 12 months**, how frequently have you or someone else applied **nail polish remover** to your fingernails or toenails? *(Mark one.)*

1. Did not use
2. Less than once a month
3. 1-3 times per month
4. 1-5 times per week
5. More than 5 times per week

48. In the **past 12 months**, how frequently have you or someone else applied **cuticle cream** to your fingernails or toenails? *(Mark one.)*

1. Did not use
2. Less than once a month
3. 1-3 times per month
4. 1-5 times per week
5. More than 5 times per week

49. In the **past 12 months**, how frequently have you gotten **artificial nails or fill-ins**? *(Mark one.)*

1. Did not use
2. Less than once a month
3. 1-3 times per month
4. 1-5 times per week
5. More than 5 times per week

50. In the **past 12 months**, how frequently have you **applied artificial nails or fill-ins on someone else**? Please do not include times you did this as part of a job. *(Mark one.)*

1. Did not use
2. Less than once a month
3. 1-3 times per month
4. 1-5 times per week
5. More than 5 times per week
51. In the **past 12 months**, how frequently have you used **perfume or cologne**? (*Mark one.*)

1  ○  Did not use
2  ○  Less than once a month
3  ○  1-3 times per month
4  ○  1-5 times per week
5  ○  More than 5 times per week

52. When you wear **makeup such as foundation, mascara, or blush**, how often do you use products that are **fragrance free**? (*Mark one.*)

1  ○  Never
2  ○  Sometimes
3  ○  Frequently
4  ○  Don't use hair care products
8  ○  Don't know

53. When you use **hair care products like shampoo or hair spray**, how often do you use products that are **fragrance free**? (*Mark one.*)

1  ○  Never
2  ○  Sometimes
3  ○  Frequently
4  ○  Don't use hair care products
8  ○  Don't know